

30th SOUTHEAST ASIAN GAMES - 4/12/2019 to 9/12/2019**MR - Records**

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|-----|--------------------------|----------|-----------|---|
| 101 | Men 400 Free | 3:49.08 | 4/12/2019 | Huy Hoang Nguyen - VIE |
| 102 | Women 200 Fly | 2:10.97 | 4/12/2019 | Jing Wen Quah - SGP |
| 103 | Men 100 Breast | 1:01.46 | 4/12/2019 | James Deiparine - PHI |
| 105 | Men 100 Back | 53.79 | 4/12/2019 | Zheng Wen Quah - SGP |
| 106 | Women 100 Free | 54.74 | 4/12/2019 | Ting Wen Quah - SGP |
| 107 | Men 4x200 Free Relay | 7:17.88 | 4/12/2019 | SINGAPORE - SGP Z QUAH, J SCHOOLING, J TAN, Y CHUA |
| 201 | Men 1500 Free | 14:58.14 | 5/12/2019 | Huy Hoang Nguyen - VIE |
| 204 | Women 200 Breast | 2:28.71 | 5/12/2019 | Christie May Mun EE Chue - SGP |
| 206 | Women 4x200 Free Relay | 8:07.00 | 5/12/2019 | SINGAPORE - SGP C GAN, T QUAH, J QUAH, C CHUE |
| 304 | Men 200 Back | 2:00.06 | 6/12/2019 | Zheng Wen Quah - SGP |
| 306 | Men 4x100 Free Relay | 3:16.82 | 6/12/2019 | SINGAPORE - SGP Y CHUA, J TAN, Z QUAH, J SCHOOLING |
| 403 | Women 50 Fly | 26.50 | 7/12/2019 | Ting Wen Quah - SGP |
| 404 | Men 200 Breast | 2:12.57 | 7/12/2019 | Nuttapong Ketin - THA |
| 406 | Men 50 Back | 25.12 | 7/12/2019 | Igede Sudartawa - INA |
| 407 | Women 4x100 Free Relay | 3:40.92 | 7/12/2019 | SINGAPORE - SGP T QUAH, J QUAH, C YEOH, X LIM |
| 501 | Men 50 Breast | 28.15 | 8/12/2019 | Chien Yin Lionel Khoo - SGP |
| 502 | Women 50 Free | 25.06 | 8/12/2019 | Xiang QI Amanda Lim - SGP |
| 503 | Men 400 IM | 4:20.65 | 8/12/2019 | Hung Nguyen Tran - VIE |
| 506 | Women 4x100 Medley Relay | 4:07.05 | 8/12/2019 | SINGAPORE - SGP E PEDERSEN, C CHUE, J QUAH, T QUAH |
| 603 | Women 100 Breast | 1:08.50 | 9/12/2019 | Jinq EN Phee - MAS |
| 604 | Men 50 Free | 22.25 | 9/12/2019 | Jonathan EU Jin Tan - SGP |

**THE FOLLOWING SWIMMERS QUALIFY FOR TOKYO 2020
CONGRATULATIONS!**

100 Fly - Joseph Schooling - SGP
100 Fly - Quah Zheng Wen - SGP
100 Back - Quah Zheng Wen - SGP
1500m Free - Huy Hoang Nguyen - VIE